



La nocturna de Montmeló

CURSA 5KM



Classificació General ABSOLUTA

Data: 09/07/2016

Distancia 5000 metres

Pos	Dorsal	Nom i Cognoms	Club	Sexe	Cat.	P.Cat.	T.Real	Temps	Ritme
1	219	ELOI CABEZAS GARCIA	CLUB ATLETISME MONTORNÉS	M	5K-MS	1	00:16:29	00:16:29	3:17
2	202	ALEX NUÑEZ LEAL	CASTILLEJO&CACERES	M	5K-MS	2	00:16:47	00:16:47	3:21
3	213	HECTOR GONZALEZ GALLEN	RUNNERS MONTMELÓ	M	5K-MS	3	00:17:29	00:17:29	3:29
4	217	ROGER ABAD	INDEPENDIENTE	M	5K-MS	4	00:17:41	00:17:41	3:32
5	201	JORDI ESCORIZA VALENCIA	RIOS RUNNING LES FRANQUESES	M	5K-MS	5	00:18:12	00:18:12	3:38
6	210	ORIOL FERRÉ CAÑELLAS	C.N MATARÓ	M	5K-MS	6	00:18:53	00:18:53	3:46
7	225	ANGEL JUAREZ	RIOS RUNNING LES FRANQUESES	M	5K-MS	7	00:19:07	00:19:07	3:49
8	207	ADRIÀ DEL VALLE PUIG	LA BOLSA DEL CORREDOR - SPORT	M	5K-MS	8	00:19:12	00:19:14	3:50
9	246	PILAR ALVAREZ BARQUITA	INDEPENDIENTE	F	5K-FE	1	00:20:26	00:20:26	4:05
10	245	SILVIA CEDILLO COSTA	CLUB ATLETISME MONTORNÉS	F	5K-FE	2	00:22:06	00:22:06	4:25
11	221	RICARDO DÍAZ LERMA	LA SANSI	M	5K-MS	9	00:22:55	00:22:55	4:35
12	222	DANI ROMERO MARTÍNEZ	INDEPENDIENTE	M	5K-MS	10	00:23:19	00:23:22	4:40
13	223	FRANCISCO ESCAÑUELA	INDEPENDIENTE	M	5K-MS	11	00:24:15	00:24:21	4:52
14	243	MARIAN PRADOS CONCHILLO	AD CORRE 8:30	F	5K-FE	3	00:24:28	00:24:28	4:53
15	264	REYES VIERA MARMOL	RIOS RUNNING LES FRANQUESES	F	5K-FE	4	00:24:39	00:24:43	4:56
16	214	DANI BENAVENTE MUÑOZ	RUNNERS MONTMELÓ	M	5K-MS	12	00:25:04	00:25:09	5:01
17	209	XAVIER TORNERO PENEDO	INDEPENDIENTE	M	5K-MS	13	00:25:05	00:25:10	5:02
18	211	JAVIER GARCIA NAVALÓN	INDEPENDIENTE	M	5K-MS	14	00:26:05	00:26:28	5:17
19	257	CARME NAVARRO RAMIREZ	INDEPENDIENTE	F	5K-FE	5	00:26:19	00:26:35	5:19
20	277	ABEL LINARES TORRES	INDEPENDIENTE	M	5K-MS	15	00:27:09	00:27:18	5:27
21	270	TERE RODRIGUEZ CANO	PADEL MONTMELÓ	F	5K-FE	6	00:27:30	00:27:42	5:32
22	271	EVA GALVEZ GARCÍA	PADEL MONTMELÓ	F	5K-FE	7	00:28:05	00:28:17	5:39
23	268	YESSICA RUIZ BLANCO	PADEL MONTMELÓ	F	5K-FE	8	00:28:06	00:28:18	5:39
24	244	XIMENA PEREZ BENASCO	INDEPENDIENTE	F	5K-FE	9	00:28:19	00:28:27	5:41
25	253	SANDRA MONTEMOLÍN HUELTES	CLUB ATLETISME MONTORNÉS	F	5K-FE	10	00:28:35	00:28:43	5:44
26	242	MARTA PUIG GORGORI	INDEPENDIENTE	F	5K-FE	11	00:28:40	00:28:55	5:47
27	279	XAVI SERRANO VIÑALLONGA	GREEN TEAM	M	5K-MS	16	00:28:55	00:29:00	5:48
28	236	RAQUEL MONRAS BARRIENTOS	INDEPENDIENTE	F	5K-FE	12	00:28:43	00:29:01	5:48
29	254	LOURDES SÁNCHEZ VEGA	CLUB ATLETISME MONTORNÉS	F	5K-FE	13	00:29:24	00:29:38	5:55
30	272	MARTA MALAGARRIGA	PADEL MONTMELÓ	F	5K-FE	14	00:29:26	00:29:39	5:55
31	218	LLUIS PAREDES BASAGAÑA	AD CORRE 8:30	M	5K-MS	17	00:29:45	00:29:47	5:57
32	250	ELI CASTILLO ESPINOSA	INDEPENDIENTE	F	5K-FE	15	00:29:43	00:30:00	6:00
33	248	MERCEDES SOLOMANDO	CLUB ATLETISME MONTORNÉS	F	5K-FE	16	00:29:54	00:30:03	6:00
34	212	CARLOS LILLO GARCIA	INDEPENDIENTE	M	5K-MS	18	00:30:00	00:30:10	6:02
35	215	JUAN LÓPEZ PUERTO	INDEPENDIENTE	M	5K-MS	19	00:30:02	00:30:12	6:02
36	204	VIKI REMEDIOS ROMAN	RIOS RUNNING LES FRANQUESES	F	5K-FE	17	00:30:31	00:30:45	6:09
37	292	LAURA RODRÍGUEZ MESAS	INDEPENDIENTE	F	5K-FE	18	00:30:30	00:30:45	6:09
38	237	MARIA JOSÉ EVANGELIO SEQUI	INDEPENDIENTE	F	5K-FE	19	00:30:49	00:31:05	6:13
39	208	SANTIAGO OJEDA LAFUENTE	INDEPENDIENTE	M	5K-MS	20	00:30:50	00:31:06	6:13
40	216	POL MAYA MARTÍNEZ	INDEPENDIENTE	M	5K-MS	21	00:30:48	00:31:07	6:13
41	258	MONTSE PORCEL FARRÉS	RIOS RUNNING LES FRANQUESES	F	5K-FE	20	00:31:39	00:31:54	6:22
42	269	ROSA MARTINEZ ESPIN	PADEL MONTMELÓ	F	5K-FE	21	00:32:01	00:32:14	6:26
43	274	ROSA BUCH I SAYOL	RIOS RUNNING LES FRANQUESES	F	5K-FE	22	00:32:04	00:32:18	6:27
44	241	MERCE ROTLLANT AYMERICH	INDEPENDIENTE	F	5K-FE	23	00:32:07	00:32:22	6:28
45	229	JUAN MANUEL VERA BUSTOS	INDEPENDIENTE	M	5K-MS	22	00:32:48	00:32:54	6:34
46	249	CHARI ALCOLEA	INDEPENDIENTE	F	5K-FE	24	00:32:52	00:33:08	6:37
47	224	DAVID GALASO VALENZUELA	INDEPENDIENTE	M	5K-MS	23	00:33:31	00:33:37	6:43



La nocturna de Montmeló

CURSA 5KM



Classificació General ABSOLUTA

Data: 09/07/2016

Distancia 5000 metres

Pos	Dorsal	Nom i Cognoms	Club	Sexe	Cat.	P.Cat.	T.Real	Temps	Ritme
48	252	LUCIA RODRIGUEZ RODRIGUEZ	INDEPENDIENTE	F	5K-FE	25	00:33:30	00:33:37	6:43
49	291	MIREIA TORRES AMO	INDEPENDIENTE	F	5K-FE	26	00:33:38	00:33:47	6:45
50	262	PILAR GARCIA VILLASANTA	RIOS RUNNING LES FRANQUESES	F	5K-FE	27	00:33:46	00:34:04	6:48
51	263	VANESSA ZARRIAS CONCHILLO	RIOS RUNNING LES FRANQUESES	F	5K-FE	28	00:33:59	00:34:14	6:50
52	275	CRISTINA SERRANO I MUÑOZ	RIOS RUNNING LES FRANQUESES	F	5K-FE	29	00:34:01	00:34:15	6:51
53	256	ROCÍO BUSTOS GARCIA	INDEPENDIENTE	F	5K-FE	30	00:34:25	00:34:31	6:54
54	261	ANA TRESGALLO CANO	RIOS RUNNING LES FRANQUESES	F	5K-FE	31	00:34:30	00:34:42	6:56
55	227	SERGIO PERIS DURAN	RUNNERS MONTMELO	M	5K-MS	24	00:34:37	00:34:44	6:56
56	293	PRADO BARBECHO SANTOS	INDEPENDIENTE	F	5K-FE	32	00:34:33	00:34:44	6:56
57	255	MARGARITA PEDREIRA GÓMEZ	RUNNERS MONTMELO	F	5K-FE	33	00:34:37	00:34:44	6:56
58	251	CRISTINA ARJONA MORENO	INDEPENDIENTE	F	5K-FE	34	00:34:40	00:34:56	6:59
59	238	ARIADNA VALLE SANTOS	INDEPENDIENTE	F	5K-FE	35	00:35:42	00:36:01	7:12
60	239	ANABEL SANTOS GUILLEN	RIOS RUNNING LES FRANQUESES	F	5K-FE	36	00:35:42	00:36:01	7:12
61	247	ANA MARIA COTE BENITEZ	C.E. MONTORNÈS DEL VALLES	F	5K-FE	37	00:36:10	00:36:23	7:16
62	205	JAVI GARCÍA RECHE	INDEPENDIENTE	M	5K-MS	25	00:37:44	00:38:06	7:37
63	235	RAQUEL SANCHEZ VALERA	INDEPENDIENTE	F	5K-FE	38	00:37:44	00:38:06	7:37
64	233	JOSE ANTONIO GARCIA NUÑEZ	RIOS RUNNING LES FRANQUESES	M	5K-MS	26	00:38:47	00:39:06	7:49
65	234	CARLES DIEZ TABERNER	RIOS RUNNING LES FRANQUESES	M	5K-MS	27	00:39:47	00:40:07	8:01
66	267	VIKI ARNAU GARCIA	RIOS RUNNING LES FRANQUESES	F	5K-FE	39	00:41:36	00:41:54	8:22
67	266	NEUS DUÑO AMBRÓS	RIOS RUNNING LES FRANQUESES	F	5K-FE	40	00:41:36	00:41:54	8:22